



Interview of Paulina Fialková : Goal TOP 3 Overall World Cup.

The slovakian's biathlon is today in the toplight on ski-nordique. At the age of 26, the fast slovakian's biathlet has progressed very well this season with lot of top 10.

Engaged on the « Martin Fourcade Nordic Festival » this summer in Annecy, the new leader of her team comes back on the last season, explains us her points of training for the season 2020 and says us her major objectives.

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An interview of Michael Lentz for www.ski-nordique.net

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What are your best rememberings and performances the last winter ?

All my podiums from last season.

But very special for me was the finish in Nove Mesto na Morave where I finished 2nd after great fight with Anaïs (Chevalier) and Doro (Wierer).

The last year, you said me that you would like to be more regular in the top 10. You have made it (congratulations!). How were your feelings this season ?

Thanks. As I said many times, the most important thing is to stay healthy. I did it until WC in Oslo. With good shooting was possible to be in the top 10 every time.

I felt good, special at the beginning of the season. What I´m sorry for is my shape at WCH. I tried to do my best but it did´nt work so well.

You are soon the leader in the SK women's team. How do you live it ?

There is nothing to change in my mind. I was me before, I´m me also now.

The requests (of the medias) are more important for you ? How do you live this situation ?

It belongs to sport. I mean, it´s also my work.

Have you regrets on certain races ? Why ?

Sure. Individual race on WCH in Ostersund, I missed the last one and I lost my first victory. That really hurt.

What are your objectives for the season 2019-2020?

It can change during the season but now I think to be in top 3 in overall and take the medal at WCH. I work hard for it, but it's still a long time and I don't know how my shape will be in November.

What points of training do you work particularly ? How do you still improve your performances ?

Same answer like last season (*laugh*). It's neverending work on shooting and skiing technique.

You talked me about your team « Fialky ». Is it still good working ? How are the trainings, plans, stages... ? Is it a good feeling between you ?

Yes, it still working good. Our cooperation brings the results, so there is no problem. It's sometimes boring to be always with same people but we're trying to concentrate on a camp and have mind detox at home.

(Next under the photo)



You will be on the « Martin Fourcade Nordic Festival » in Anancy this summer (31/08 – 01/09). How do you anticipate this event ?

I´m very glad to come to Anancy. It´ll be a great event and I´m very looking forward to see what they create :) I´m expecting fun.

Is it Martin who has invited you personally ?

No. His brother Simon.

**To finish , according to our informations, Anastasia Kuzmina trains still herself and said that « perhaps » will come, just for the Slovakian' relays...
Is it right ? Is it a good news for the team ?**

I really don't know if she is training or not. And I also don't know if she will compete in the relays. We will see. There is no one young girl able to compete at the World Cup .

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All « Ski-nordique » Team wishes to Paulina the best for the next, training, results, good health and a super season.

*Credits : Paulina Fialková / Nordic Focus / Martin Fourcade
Nordic Festival*